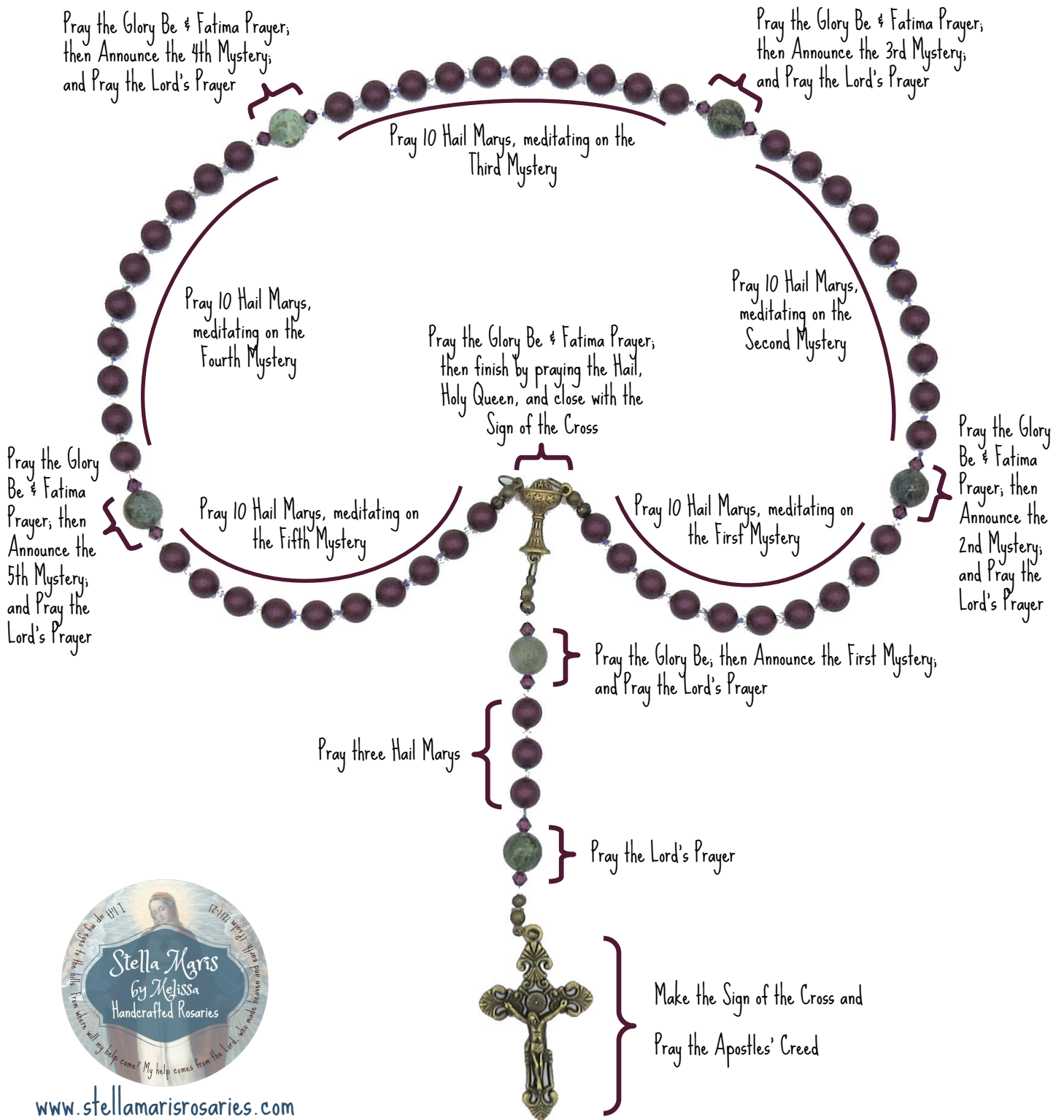


How to Pray the Holy Rosary

Please see the next page for the text of the prayers.



The Prayers of the Holy Rosary

The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth;
And in Jesus Christ, His only Son, our Lord;
Who was conceived by the Holy Spirit, born of the Virgin Mary,
Suffered under Pontius Pilate, was crucified, died, and was buried.
He descended into hell; the third day, He rose again from the dead;
He ascended into heaven and is seated at the right hand of God,
the Father almighty;
From there He shall come to judge the living and the dead.
I believe in the Holy Spirit; the holy Catholic Church;
The communion of saints; the forgiveness of sins;
The resurrection of the body; and life everlasting. Amen.

The Lord's Prayer

Our Father, who art in heaven, hallowed by thy Name.
Thy kingdom come; Thy will be done on earth as it is in heaven.
Give us this day our daily bread, And forgive us our trespasses,
as we forgive those who trespass against us;
And lead us not into temptation, but deliver us from evil. Amen.

The Hail Mary

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.

The Gloria Patri (Glory Be)

Glory be to the Father, and to the Son, and to the Holy Spirit.
As it was in the beginning, is now,
and ever shall be, world without end. Amen.

Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our light, our sweetness, and our hope:
To thee do we cry, poor, banished children of Eve.
To thee do we send up our sighs, mourning and weeping in this vale of tears.
Turn, then, most gracious Advocate, thine eyes of mercy toward us;
and after this our exile show unto us the blessed Fruit of Thy Womb, Jesus.
O clement, O loving, O sweet Virgin Mary.
Pray for us, O Holy Mother of God,
That we may be made worthy of the promises of Christ.

Optional Concluding Prayers

Rosary Prayer

O, God, Whose only-begotten Son, by His life, death and resurrection,
has purchased for us the rewards of eternal life;
grant, we beseech Thee, that, meditating upon these mysteries
of the Most Holy Rosary of the Blessed Virgin Mary,
we may imitate what they contain and obtain what they promise,
through the same Christ Our Lord. Amen.

Prayer to Saint Michael the Archangel

Saint Michael the Archangel, defend us in battle.
Be our protection against the wickedness and snares of the devil.
May God rebuke him, we humbly pray;
and do Thou, O Prince of the Heavenly Host by the Divine Power of God
cast into hell Satan and all the evil spirits,
who roam throughout the world seeking the ruin of souls. Amen.

The Mysteries of the Holy Rosary

The Joyful Mysteries

Traditionally prayed on Mondays & Saturdays

- (1) The Annunciation (Luke 1:26-38) – The Angel Gabriel announces the incarnation to Mary.
- (2) The Visitation (Luke 1:39-50) – Mary visits Elizabeth.
- (3) The Nativity (Luke 2:4-17) – Jesus is born in Bethlehem.
- (4) The Presentation (Luke 2:22-35) – Jesus is presented in the Temple.
- (5) The Finding of the child Jesus in the Temple (Luke 2:41-52) – After searching for Him for three days, Mary and Joseph find Jesus in the Temple.

The Sorrowful Mysteries

Traditionally prayed on Tuesdays & Fridays

- (1) The Agony in the Garden (Luke 22:39-46) – Jesus prays in the Garden of Gethsemane on the night before His death.
- (2) The Scourging at the Pillar (Mark 15:15) – Jesus is scourged by the soldiers at Pilate's command.
- (3) The Crowning with Thorns (Matthew 27:28-30; John 19:4-6) – The soldiers press a crown of thorns onto Jesus's head.
- (4) Jesus Carries His Cross (John 19:17; Luke 23:26) – Jesus carries His heavy cross to Calvary
- (5) The Crucifixion (John 19:23-30) – Jesus dies on the cross .

The Glorious Mysteries

Traditionally prayed on Sundays & Wednesdays

- (1) The Resurrection of Jesus (Matthew 28:1-10) – Three days after His death, Jesus rises, glorious and immortal
- (2) The Ascension (Acts 1:6-11) – Jesus ascends into heaven 40 days after His Resurrection.
- (3) The Descent of the Holy Spirit (Acts 2:1-4) – The Holy Spirit descends upon Mary and the apostles.
- (4) The Assumption of Mary into Heaven – At the end of her life, Mary is taken body and soul into Heaven.
- (5) The Crowning of Mary as Queen of Heaven (Revelation 12:1) – Mary is crowned Queen of Heaven and Earth

The Luminous Mysteries

Traditionally prayed on Thursdays

- (1) Jesus' Baptism (Matthew 3:1-2, 11-17) – Jesus is baptized by John in the Jordan River.
- (2) Jesus' First Miracle at the Wedding of Cana (John 2:1-11) – Jesus changes water into wine at Mary's request.
- (3) The Proclamation of the Kingdom (Matthew 4:17, 23-25) – Jesus proclaims the Kingdom of God and calls all to conversion.
- (4) The Transfiguration (Matthew 17:1-9) – Jesus is transfigured on Mount Tabor and becomes radiant.
- (5) The Institution of the Eucharist (Luke 22:15-20) – At the Last Supper, Jesus changes bread and wine into His Body and Blood.